

### **ABSTRACT OF THE DISCLOSURE**

A tool is provided and includes a hook member which is attached to an extendable and retractable pole member, and a retainer which can retain the pole member in a collapsed position. The hook member is used to twist a short portion of a workpiece around a long  
5 portion of a workpiece in order to secure the short portion to the long portion when the workpiece is hung from an overhead support member. The retainer retains an inner pole of the pole member within an outer pole of the pole member when the pole member is in a collapsed position.